

# BURNIE HASH HOUSE HARRIERS

[www.burniehhh.blogspot.com](http://www.burniehhh.blogspot.com)



**Next r\*n 972 will be a HOFT- Leven Canyon to Gunns Plains, set by your hare, Flasher. Bring Hat mug joke friend lunch drinks and day walking gear. Meet at MacDonalds Car park, Ulverstone Sunday November 16th, 8 am sharp.**

## Receding Hareline

**R\*n 973**—November 23rd—  
Ratchet @ New territory

**R\*n 974**—November 30th—A  
Bit of This @  
Somerset

**R\*n 975**—December 7th—  
Hare Required

**R\*n 970**—Burnie Hashers with Wood, from Stirling Street Montello, set by DT (80) , November 9th, 2008.

*The pack: A Bit of This(131)Ringo(610), Slack Mac(409), Speed Hump(330), Sticky Date(4), Captain Pugwash(3), Dini(365), Chunder(171), Gonzo(152), Ratchet(314). DNR (i.e. swanned in late, already pissed): Tals, Flashback, Knickers.*

We all know DT is the mistress of the theme r\*n; this time however we had not been told of any particular theme which slightly confused us. Arriving at her House in Stirling St. un-themed we found Ratchet with car and trailer backed into the driveway and sundry Hashers filling same with pieces of wood!! Maybe we should have checked the 'blog' more recently or dare I suggest even have read the electronic 'trash' sent to us faithfully each week by our absent friend GG. The residual bits of wood were crammed into the boot of Ringo's car as he was too late leaving the Chicken Farm to collect his trailer. Now what? the pack milled round awaiting instructions.

Two visiting Hashers stood watching these antics... amazed at the lengths to which Burnie Hash will go to for a fire pot. They thought we were going to r\*n the trail-er to an unspecified ON-On spot and there have the mother and father of all bonfires!! Be envious Herr Flick!!

Sadly though this was not the case; the cars, wood and three stalwart Hashers disappeared into the late spring drizzle (shame on you Monk) with the rest of the pack being told to follow trail. OK!

Not as easy as it sounds!! DT is at the least a conservative user of flour.... three teaspoon size spots per 100 yards being her measure! then there is the snag that she'd stopped to chat while setting trail so the already sparse/minuscule nay damn near invisible dots of flour leapt from side to side of the road like some demented wallaby!

After meandering here and there looking in vain for trail (note: must advise bulk purchase of magnifying glasses for future DT R\*ns) Speed Hump took control of the by now totally confused pack leading us down left, down right then left again and up a bit until we were perched on a hilltop overlooking the scenic views of Burnie Port.

Here Chunder lectured the pack on how to prevent a newly built house slip sliding all the way down to Mount St. while Dini and others climbed on the artistically arranged block wall to see what was over the fence! Not a lot!!

Our visitors Captain Pugwash and Sticky Date seemed happy enough coping with the eccentricities of Burnie Hash.. I think they might have been here before!!

Meanwhile we all hoped the wood would be ready for us by the time we reached our destination... Yes!! that noble trio of Slack Mac, Ratchet and Ringo had stacked it all very neatly in Speed Humps shed... no bonfire for us tonight!! Dreams of warm On-ons next winter though!!

A glass or two of wine and several beers later we were about to leave the House of Hump when a large 4WD roared up, disgorging Tals, Knickers and Flash Back who had been hobnobbing with a "Pink Lady" somewhere in Burnie... a few intrepid Hashers amongst us retraced their steps up, down and up again to DTs place whilst the rest hitched lifts 'home'.

After an excellent feed of lasagne Slack Mac took centre stage in the small hallway. With much raucous heckling from the "Pink" fans he administered many 'downs' ... as I spent much of the time with a tired long dog in the garden I have no recall as to who (No he wasn't there!) the lucky recipients were. The infamous Gonzo raffle was won by... I think it might have been Pugwash.. The recalcitrant "Pink" three were driven home by Slacko with the rest of us slowly tottering away to our respective homes...an interesting evening!!

On-on Poxo Scribe..... A Bit of This.

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## **BURNIE HASH HOUSE HARRIERS**

***Presenting - your Mismanagement Committee 2008/9***

***Hash Monk—Dick Tayshun***

***Hash Horn—Urang***

***Hash Cash—Speed Hump(0400 016 283)***

***Hash Lip—Slack Mac (home: 6425 7190)***

***Hash Flash—Phay Wray (home:64333399)***

***On Sex—Dini (Dini@ingottec.com)or (dini@dhash.com) (0407 876 567)and Tals with cameo appearances from Knickers***

***Hash Hawker—GonZo***

***Hash Hops—Ringo (0417 118 661)***

***Trailmaster—Chunder (home: 6431 4186)***

***Webwanker—Grizzly(faulks42@bigpond.com)or (grizzly@dhash.com) (0418 143 481)***

***Joint Masters—***

***Ringo(rmunden@ingottec.com)(home: 6433 3333)(0417 118 661) and***

***Ratchet (0419 143 688)***

***Grand Mattress—A Bit of This (0428 592 420)***

## ***Up and cumming....***

November 17th, Monday 6.30 pm—Devonport Hash House

**Harriers** next r\*n set by Dyke from Tugrah Road, Devonport.

Upcoming events @ [dhhh.blogspot.com](http://dhhh.blogspot.com), and you can also get yourself a unique hash email address from [goneagain@dhash.com](mailto:goneagain@dhash.com)!

November 15th Saturday 1 pm till late—Barbecue at Ratchet and Knickers, featuring home-grown kebabs—an invitation to help eat the bits of the steer that would not fit in the freezer (horns, hooves, tails etc). BYO grog and extra barby food if required.

November 16th, Sunday 8am sharp—HOFT to Leven Canyon/Gunns Plains—meet at MacDonald's Ulverstone. An all day walk, (reputedly 12 hours), bring appropriate gear, drinks, lunch etc.

November 24th, Monday 6.30 pm—Devonport HHH AGPU @ Cheese's, Amherst Street Ulverstone. Ensure you attend to avoid being given a job on the Committee.

January 10th, 2009, Saturday 12.00 midday—Grizzly and Ringo do High Noon for Full Moon @ Ross. Grab a bed now for this infamous weekend event. Phil at the Ross Motel has rooms available, \$125 double including breakfast, also caravan park units \$50 double, plus plenty of powered sites and tent space.

Web: [www.rossmotel.com.au](http://www.rossmotel.com.au) Tel: 6381 5224,

Email: [enquiries@rossmotel.com.au](mailto:enquiries@rossmotel.com.au)

Man o Ross Hotel: double \$85 Web: [www.manoross.com.au](http://www.manoross.com.au)

Tel: 6381 5445, Email: [info@manoross.com.au](mailto:info@manoross.com.au)

January 31st, 2009, Saturday — H4 2000th R\*n @ The Lea Scout Camp. Further details at [www.h4.org.au](http://www.h4.org.au)

**NOTE CHANGED DATE—February 8th, 2009 Saturday—Red Dress Run, Hobart.**

February 20th-22nd, 2009—Swine 09 Pig Pen Run @ Nugent.

May 1-3, 2009, Fri-Sun — Aussie Nash Hash @ Cairns registrations now \$350 until March 31st 2009.

July 1-4, 2010—Sarawak Rainforest Interhash @ Kuching, Borneo.

HEALTH QUESTION & ANSWER SESSION WITH DOCTOR DINI...

Q: I've heard that cardiovascular exercise can prolong life; is this true?

A: Your heart is only good for so many beats, and that's it... Don't waste them on exercise. Everything wears out eventually. Speeding up your heart will not make you live longer; that's like saying you can extend the life of your car by driving it faster. Want to live longer? Take a nap.

Q: Should I cut down on meat and eat more fruits and vegetables?

A: You must grasp logistical efficiencies. What does a cow eat? Hay and corn. And what are these? Vegetables. So a steak is nothing more than an efficient mechanism of delivering vegetables to your system. Need grain? Eat chicken. Beef is also a good source of field grass (green leafy vegetable). And a pork chop can give you 100% of your recommended daily allowance of vegetable products.

Q: Should I reduce my alcohol intake?

A: No, not at all. Wine is made from fruit. Brandy is distilled wine, that means they take the water out of the fruity bit so you get even more of the goodness that way. Beer is also made out of grain. Bottoms up!

Q: How can I calculate my body/fat ratio?

A: Well, if you have a body and you have fat, your ratio is one to one. If you have two bodies, your ratio is two to one, etc.

Q: What are some of the advantages of participating in a regular exercise program?

A: Can't think of a single one, sorry. My philosophy is: No Pain...Good!

Q: Aren't fried foods bad for you?

A: YOU'RE NOT LISTENING!!!... Foods are fried these days in vegetable oil. In fact, they're permeated in it. How could getting more vegetables be bad for you?

Q: Will sit-ups help prevent me from getting a little soft around the middle?

A: Definitely not! When you exercise a muscle, it gets bigger. You should only be doing sit-ups if you want a bigger stomach.

Q: Is chocolate bad for me?

A: Are you crazy? HELLO Cocoa beans! Another vegetable!!! It's the best feel-good food around!

Q: Is swimming good for your figure?

A: If swimming is good for your figure, explain whales to me.

Q: Is getting in-shape important for my lifestyle?

A: Hey! 'Round' is a shape!

Well, I hope this has cleared up any misconceptions you may have had about food and diets.

And remember:

'Life should NOT be a journey to the grave with the intention of arriving safely in an attractive and well preserved body, but rather to skid in sideways - Chardonnay in one hand - chocolate in the other - body thoroughly used up, totally worn out and screaming 'WOO HOO, What a Ride'

